CHECKLIST OF CONCERNS

Review the list below and check off any emotional and/or behavioral problems that you would attribute to your child. The spaces at the bottom are for adding any problems that do not appear on the list.

☐ Frequently steals
☐ Frequently lies or is deceitful
☐ Has run away from home
☐ Has deliberately set fires
☐ Is truant from school
☐ Has broken into a car or dwelling
☐ Has deliberately destroyed another’s property
☐ Is physically cruel to others
☐ Is physically cruel to animals
☐ Often initiates physical fights
☐ Has forced another into sexual activity
☐ Carries (or has carried) a weapon
☐ Has used a weapon to hurt someone
☐ Has legal problems
☐ Has a history of drug, tobacco, or alcohol use
☐ Appears to be influenced by gangs
☐ Participates in gang activity
☐ Displays inappropriate/inconsistent emotions
☐ Complains of “seeing things” (visual hallucinations)
☐ Complains of “hearing voices” (auditory hallucinations)
☐ Has bizarre thought processes
☐ Has homicidal thoughts/ideation
☐ Has suicidal thoughts/ideation
☐ Acts immaturity
☐ Seeks negative attention
☐ Is overly preoccupied with sex
☐ Acts out sexually
☐ Urinates or defecates in unusual places
☐ Wets or soils self during the day
☐ Has problems at school
☐ Has excessive anxiety and worry
☐ Has a fear which disrupts daily life
☐ Often impedes on the rights of others
☐ Participates in dangerous/reckless behaviors

☐ Is frequently angry or loses temper often
☐ Frequently argues with adults
☐ Is easily annoyed by others, highly irritable
☐ Often blames others for his/her mistakes
☐ Often defies or ignores adult requests
☐ Refuses to follow directions or rules
☐ Has a low frustration tolerance
☐ Deliberately annoys or provokes others
☐ Avoids taking responsibility for behavior
☐ Frequently swear or uses foul language
☐ Is overly disrespectful to authority
☐ Has no concern for consequences
☐ Becomes destructive when angry
☐ Becomes aggressive/assaultive when angry
☐ Is overly controlling of others
☐ Has threatened to harm/kill others
☐ Doesn’t get along well with others
☐ Becomes vindictive when angry
☐ Engages in self-harming or self-mutilation
☐ Often attempts to manipulate others
☐ Often appears sad or depressed
☐ Withdraws or isolates from others
☐ Has feelings of worthlessness
☐ Has a complete lack of motivation
☐ Often fidgets or squirms, can’t sit still
☐ Is easily distracted
☐ Has a difficult time following directions
☐ Talks excessively at inappropriate times
☐ Has a difficult time following directions
☐ Often interrupts or intrudes on others
☐ Has a difficult time focusing on a task
☐ Often acts impulsively (without thinking)
☐ Has a difficult time playing quietly
☐ Often fails to complete chores or tasks

OTHER: __________________________________________________________________________

OTHER: __________________________________________________________________________

OTHER: __________________________________________________________________________

This checklist is an excellent source of information for any mental health professional that may be working with your child.